


FORD ISLAND

10K BRIDGE RUN

21ST ANNUAL

PEARL HARBOR, HAWAII



Sponsored by 

APRIL 7, 2018

7AM : PEARL HARBOR

For the past 20 years, the Ford Island Bridge Run has been one of the largest 10k runs on Oahu. Race walkers, leisure walkers, serious and recreational runners have all enjoyed the scenic and historical sights along the run. **KEEP THE TRADITION, JOIN THE FUN!**

COURSE: 10K (6.2 miles) run. Run will start at entrance to Admiral Bernard "Chick" Clarey Bridge (fronting Kam Highway). Race across the bridge onto historic Ford Island. Circle the island clockwise on a scenic flat perimeter course. Run back across the bridge to finish on Richardson Center Field (across from the Aloha Stadium).

FREE PARKING: Limited free parking at Rainbow Bay Marina (site of packet pick-up). Additional parking available at the Aloha Stadium overflow parking lot (across from start/finish line).

REGISTRATION: Entry fee \$25 for military or their family members. \$30 for non-military. Entry deadline March 22. Late entries accepted until April 6. Late Fee \$40. Mail-in entries will not be accepted if postmarked after April 2, 2018. Race day entry will be \$45 (accepted until 6:45 a.m.). T-shirts for late entries based on availability. (Late entrants may not get a shirt.)

ELIGIBILITY: Runners, walkers and strollers. NO PETS.

PACKET PICK-UP: March 31 from 8 a.m. to 4 p.m. at Richardson Pool Bldg. 1, located across from Rainbow Bay Marina. All pre-registered entrants will receive a pre-race postcard. No packets will be issued without ID or email confirmation. Your race packet will include a race number and t-shirt.

PRIZES AND AWARDS: Prizes will be awarded to 1st, 2nd, and 3rd overall male and female military and non-military finishers.

1st, 2nd and 3rd place prizes will be awarded in each age category: Under 10, 10-14, 15-19, 20-24, 25-29, 30-34, 35-39, 40-44, 45-49, 50-54, 55-59, 60-64, 65-69, 70-74, 75-79, and 80 & over.

First 3000 finishers will receive medals.

OFFICIAL ENTRY FORM (Please use ink and print clearly) • Ford Island Bridge 10K - Mail by March 22, 2018 • www.greatlifeohawaii.com

Sex: M F Date of Birth: _____ Age (on race day): _____

Last Name: _____

First Name: _____

Street Address: _____

City: _____ State: _____ Zip: _____

Phone (day/eve): _____

Shirt size (Select one): S M L XL XXL (add \$5) Please check this box if Active Duty military only (Do not check this box if you are a dependent, DoD or Retiree)

E-mail Address: _____

Branch of Service: _____

FEE ENCLOSED:

(Make check payable to: MWR Fund)

- \$30 Regular entry
- \$25 Military family members, retirees & DoD
- \$25 Active duty military
- \$40 Late entry (after March 22, 2018)
- \$45 Race day entry

MAIL ENTRY & FEE TO:

MWR Department
Attn: Athletics (Ford Island Bridge 10K)
915 North Road
Pearl Harbor, HI 96860-4456



OR REGISTER ONLINE AT:

<https://www.active.com/pearl-harbor-hi/running/distance-running-races/21st-annual-ford-island-bridge-run-10k-2018>

ONLINE REGISTRATION CLOSING ON MARCH 30, 2018 AT MIDNIGHT

ALL PARTICIPANTS MUST READ AND SIGN THIS WAIVER:

I acknowledge that this event is an extreme test of a person's physical and mental limits and carries with it the potential for death and property loss. I hereby assume the risks of participating in this event and certify that I am physically fit, have sufficiently trained for participation in this event and have not been advised otherwise by a qualified medical person. I acknowledge that this form will be used by the Joint Base Pearl Harbor-Hickam Morale, Welfare and Recreation Department and the sponsors and organizers of JBPHH MWR events. I hereby take action for myself, my executors, administrators, heirs, next of kin and successors, and assign as follows: a) WAIVE, RELEASE, AND AGREE NOT TO SUE, from any and all liability for my death, disability, personal injury, property damage, property theft, or action of any kind which may hereafter accrue to me as a result of any participation in or my traveling to and from this event, THE FOLLOWING PERSONS OR ENTITIES: JBPHH MWR, event sponsors, race directors, representatives, agents and volunteers; b) INDEMNIFY AND HOLD HARMLESS the persons or entities mentioned in this paragraph from any and all liabilities or claims made by other individual or entities as a result of any of my actions during this event.

I HEREBY CERTIFY THAT I AM 18 (EIGHTEEN) YEARS OF AGE OR OLDER. I HAVE READ THIS DOCUMENT AND I UNDERSTAND ITS CONTENTS.

All participants must sign here: _____ Date: _____

Signature of parent or guardian if participant is under age of 18: _____ Date: _____

FOR INFORMATION CALL, 473-0784, 473-2494 OR 473-2437

No official endorsement intended

